

# MCH 2020: Adolescent Health

## State Priority

Communities and providers support physical, social and emotional health (*Target: adolescents 12-21 years*)

### Performance Measures

- Percent of adolescents, 12 through 17, with a preventive medical visit in the past year
- Percent of adolescents, 12 through 21, that received education on the importance of a well-visit in the past year

#### Related National Measure:

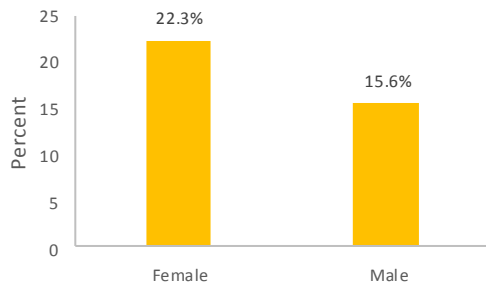
- Percent of adolescents, 12 through 17, who are bullied or who bully others

## Kansas Data & Program Highlights

- In 2016-2017, approximately 1 in 5 (22.5%) Kansas adolescents did not have a preventive medical visit in the previous 12 months.<sup>3</sup>
- In 2017, 19.0% of youth in grades 9 through 12 reported being bullied on school property,<sup>1</sup> higher than the *Healthy People 2020* target of 17.9%.
- During the 2017-2018 school year, the Kansas Department of Health and Environment had contracts with 15 schools to implement the Second Step Program, an evidence-based bullying prevention program.<sup>2</sup>
- Opportunity for Improvement: Disparities persist in adolescent health based on gender, race, ethnicity, and socioeconomic factors.

## Example of Health Disparity

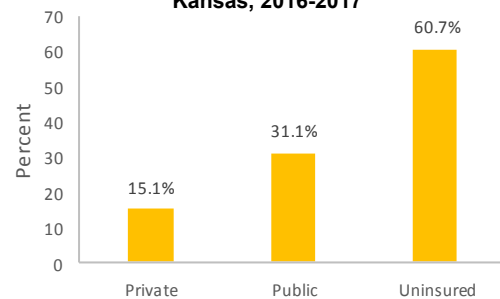
Bullied on School Property (grades 9-12) by Gender Kansas, 2017



Source: Youth Risk Behavior Survey, 2017

## Example of Health Disparity

No Preventive Medical Visit (12-17 years) by Insurance Type Kansas, 2016-2017



Source: National Survey of Children's Health, 2016-2017

## Next Steps

- Develop a cross-system partnership and protocols to increase the proportion of adolescents receiving annual preventive services (comprehensive screening, assessment, referral, and intervention when necessary).
- Increase the number of adolescents, 12 through 17 years, accessing positive youth development, prevention, and intervention services and programs, including programs that assess for and intervene with those at risk for suicide.
- Develop a replicable model for the establishment of school-based health centers around the state to increase access to preventive care/well-visits for adolescents.



This fact sheet, created by the Kansas Department of Health & Environment Bureau of Epidemiology and Public Health Informatics and Family Health highlights the priorities and measures identified as part of the Title V MCH Services Block Grant Program five year needs assessment (*MCH 2020*). The Title V Block Grant was authorized in 1935 as part of the Social Security Act. Title V's mission is to improve the health and well-being of the nation's mothers, infants, children and youth, including children and youth with special health care needs and their families.

